


The 4 Practices



Worship
Community
Formation
Mission

St. Patrick's Rule of Life

WORSHIP	Go to Church every Sunday	Worship touches all of life; it's part of all we do. Sunday worship is a keystone habit that helps us be all of life worshipers.
COMMUNITY	Join a Group/ Join a Team	Joining a Community Group and serving on a Ministry Team increase our capacity to practice Community in all contexts.
FORMATION	Make a Rule of Life	Formation is a work of the Holy Spirit. To cooperate with the Holy Spirit we build rhythms of spiritual practice in our lives using a Rule of Life.
MISSION	Pray for 5	God calls us to love our neighbors outside the Church in numerous ways. Praying for 5 who are not disciples sensitizes us to all the ways the Holy Spirit wants to use us in mission.