

# LENT 2019

## Learning to be Downwardly Mobile

One of the most challenging areas for disciples of Jesus is how we live with money. Jesus has a lot to say about it and wants disciples to be very careful with how we use money and guard themselves from greed and lack of generosity.

Traditionally Lent has three foci: prayer, fasting and almsgiving. Almsgiving is a part of the larger category of the right use of money. This year our focus as a parish is on learning to be downwardly mobile or using our money in a Kingdom manner.

To help us grow in this area, this Lent everyone in St. Patrick's invited to become more downwardly mobile by embracing practices that help form us as good stewards of God's resources. Below is a list of suggested practices with space for you to write down how you plan to put them into practice.

Habit change is central to growing in Christ. One of the important principles of habit change is, "Don't overdo it!" As you prayerfully discuss these practices in your household, try one or two of them.

PRACTICE	PLAN
<b>Do without and give it away.</b> Don't buy any new items over Lent and the money you would've spent give away.	
<b>Pick used over new.</b> Good will and yard sales are great places to shop. Try them instead of Target during Lent!	
<b>Don't upgrade.</b> You've been thinking about that new _____. Perhaps it's not necessary. Try going without it.	
<b>Give God a cost of living increase.</b> Calculate what a Cost of Living increase would for you. Give that increase to God this year.	
<b>Pay as you go – no credit.</b> Pretty straight forward – no cash: no buy!	
<b>Raise household monthly giving by \$10.00.</b> Grow your giving to our parish by \$10.00 a month.	